WARSASH u3a NEWS

OCTOBER 2026

GROUPS NEWS

AMBLERS/SHORT WALKING GROUP

On 27 August thirteen Amblers met on the car park opposite the Rising Sun, Warsash, for a walk along the shore towards Hook Park. As the main path towards Hook Park was closed, we walked up the slope to Newtown Road, along Newtown Road, through the Strawberry Fields and back to the car park. Having expected heavy showers and the possibility of thunderstorms, we experienced neither. Instead, It was cloudy and warm with clear views across the river and up towards Southampton Water.

We all enjoyed the two-mile walk, which took approximately an hour, and spent another enjoyable hour chatting over coffee in the Mermaid.

Pictures on picture page.

LESLEY** AND **CATHERINE

ART GROUP

This month we used the technique pen and wash. The subject was Dell Quay in Chichester Harbour. Some of our efforts are on the picture page.Our October 12 session will be Halloween Moon.

KEN BERRIDGE

MAYFLOWER THEATRE VISITS

The visits to the Mayflower are proving very popular, seeing a variety of productions. We receive very good discounts, depending on numbers and the day we choose. I am currently booking shows for 2027, as they sell out quickly and prices rise closer to the show date.

Unfortunately, I am not allowed to email the whole membership, therefore unless your name is on the Mayflower group list, you will not receive information about upcoming productions. If you think you may be interested in joining a visit to the Theatre in the future, even if there's nothing you would like to see at the moment, please contact me or sign up at the monthly meeting.

I have three tickets available for *Blood Brothers* on 21 January, £33.50 each. Payment is now due to secure your seat. Please contact me ASAP if you would like to join the group to see this show.

I am planning to book seats for the shows below.

The Mousetrap 22 April (approx £34.50)
Singing in the Rain 26 or 37th May (approx £49)
Pretty woman 7th or 8th July (approx £42)
Grease 14th or 15th July (approx £39.50)

If you are interested in seeing any of these productions, please contact me as soon as possible. ***JUDITH***

DISCOVERING WINES

After the glorious summer we have had, it was Sod's Law that the Saturday we had chosen looked miserable with heavy rain forecast for morning and wind and showers for the afternoon. A hasty change of date to Sunday, borrowed gazebos up just in case and we were set for our summer drinks and barbecue event.

We started with a blind tasting of Pimms and two supermarket alternatives (Summer Cup from Tesco and Austins from Aldi). People had to vote for their favourite and guess which one was Pimms. Interestingly most guessed wrong and also preferred the alternatives to Pimms.

People cooked their own food on the barbecues provided while finishing off the jugs of Pimms before sampling other summer drinks of Sangria and Tinto de Verano.

Thank you to everyone who contributed to the event with salads, loan of gazebos, chairs and jugs and most importantly, the small team that stayed behind to help clear up

KUMI COULTHARD

NEXT MEETING
Friday 9 October
We will be entertained by Jane Glennie talking about Violet's Titanic Escape.

MAKING SPACE FOR LIFE

CHAIR'S CHAT

Autumn is with us again. The evenings are drawing in, the leaves are beginning to change colour and, somehow, our summer seems to have disappeared in the blink of an eye!

As we move into this new season, I find myself thinking about the pace of our lives. We are very good at filling our diaries — sometimes almost too good! One activity follows another, we juggle appointments, commitments, family, friends and all the little things that seem to demand our attention. And yet, perhaps we need to remember that not every moment needs to be filled.

There is something lovely about giving ourselves permission to slow down. To have a quiet cup of coffee, sit in the garden, read a book, watch the world go by or simply do absolutely nothing for a while. We don't always have to be productive. But there is an important difference between making space for ourselves and isolating ourselves. One of the things I love most about our u3a is the way it brings people together. We have so many opportunities to get out, try something different, learn something new — or simply have a good chat and a laugh with friends.

Sometimes we join an activity because we are interested in the subject. But what we often gain is so much more: friendship, companionship, shared experiences and those little moments that turn into wonderful memories. A walk that takes longer than expected because we stopped for a chat. A coffee that somehow lasts an hour. A new activity that we weren't sure about trying. The laughter when something doesn't quite go according to plan. These are the moments that make life richer. As your Chair, I feel very fortunate to see the friendships and connections that have grown within Warsash u3a. Learn, Laugh, Live isn't just our motto — I think it really does describe what we are about.

So, as autumn arrives, let's continue to fill our diaries with things that bring us joy — but perhaps leave a little space between the lines too. Space to breathe. Space to appreciate the simple things. Space for ourselves — but also space for others. Because life isn't about keeping busy every minute. It's about living well, laughing often, enjoying good company and making memories along the way. And if we can do that together, what a wonderful autumn we have ahead of us! ***CATHERINE***



The Amblers/Short Walking Group stroll along the footpath to The Point.

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JUST IN

BREAKAWAY GROUP

Torquay-Tinsel & Turkey Coach Holiday 5 Days from just £419.99pp (Monday 30 November to Friday 4 December 2026)
Holiday Includes...► All Coach Travel ► 4 Nights Dinner, Bed and Breakfast ► Nightly Entertainment ► Coach Excursion Programme.
Double or Twin room available due to cancellation.
Contact Rosemary on 07375540153

Below
The Art Group get to grips with Dell Quay in Chichester Harbour











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